

SEPTEMBER MENU FORKHILL

	02/09/2019	09/09/2019	16/09/2019	23/09/2019
Monday	Steak Burger	Stuffed Bacon Rolls	Chicken Curry & Rice	Chicken Goujons HM/OC
	Chicken in white sauce	Chicken in white sauce	Steak Burger	Stuffed Bacon Rolls
	Mashed Potato/Gravy	Mashed Potato/Gravy	Mashed Potato/Gravy	Mashed Potato/Gravy
	Cauliflower & Broccoli	Peas/ carrots	Carrots/ Peas	Peas/ carrots
	Shortbread	Shortbread	Flake Meal Biscuit	Flake Meal Biscuit
Tuesday	Hot Dog	Roast Chicken & Stuffing	Chicken Panini	Roast Pork & Stuffing
	Vegetable Soup		Fish Fingers	
	Chicken panini	Turnip/ peas	Herb Diced Potato/ Mashed Potato	chicken panini
		Mashed Potato/Gravy	Carrots/ Peas	Mashed Potato/Gravy
			Gravy	Turnip/ peas
	Icecream Tub	Flakemeal Biscuits	Salad Bar	Salad Bar
Wednesday	Chicken & Pasta Bake	Irish Stew		
	Stuffed bacon Rolls	Salmon	Chicken Goujons HM/OC	Breaded Fish
		Fish Fingers		
		Baked Beans	Stuffed Bacon Rolls	Savoury Mince
	Carrots	Peas & Sweetcorn	Baked Beans	Carrots/ Peas
	Baked Beans	Mash Potato	Mash Potato	pasta
	Mash Potato		Salad Bar	Mash Potato
	Flakemeal Biscuits	Jam Sponge	Muffin	Jelly
Thursday	Chicken Curry & Rice		Spaghetti Bolognaise	
	Savoury mince	Chicken Curry & Rice		Roast Chicken & Stuffing
	Mashed Potato/Gravy		Chicken & Pasta Bake	
	Oven Dry Roast Potato	Steak Burger		Chicken Curry & Rice
	Carrots/ Peas	Roast potato	Mash Potato	Mashed Potato/Gravy
	Salad Bar	Mashed Potato/Gravy	Peas & Sweetcorn	Carrots/ Peas
		Carrots/ Peas	Salad Bar	Salad Bar
	Bun	ice cream tub	Jelly	Muffin
Friday	Fish Fingers			
	Chicken Lasagne	Chicken Nuggets	Salmon Fish cakes	
		Pasta in white sauce	Oven Baked Sausages	
	Chips/ Mashed Potato	broccoli	Chips/ Mashed Potato	School Closed
	Peas & Sweetcorn		Sweetcorn	
	Salad Bar	Chips/ mashed potatoes	Gravy	
	Jelly	Jelly	Flakemeal Biscuits	